

The way you Move

Choreography : **D-unit M&M(Michel Platje and Maurice van der Harst)**

32 counts , 4-wall line dance

level : Intermediate/Advanced

motion : Jazzie/Funky

music : **The way you move/Outkast**

Kick, heel swivels, Hop, hold

- 1 Kick RF Forward(cross over LF)
& Pull up Right knee(Still bit over LF)
- 2 Step RF to right side
- 3 Kick LF forward(cross over RF)
& Pull up Left knee(Still bit over RF)
- 4 Step Lf to left side
- 5 Right and Left heel in
& Right and Left toe in
- 6 Right and Left heel in
& Hop forward on both feet
- 7 Land on both feet together
- 8 Hold

Walk, Kick, Swivels, Coaster step

- 1 Step LF forward turn $\frac{1}{4}$ over left shoulder(facing 9.00)
- 2 Kick RF forward
- 3 Bend both knees hands on knees
- 4 Stretch both knees
- 5 Step back on RF swivel heels in
& Swivel heels out(whilst doing this step back with LF)
- 6 Put weight on LF swivel heels in
- 7 Step back on RF
& Step LF next to RF
- 8 Step forward on RF

Knees, Step, Kick, $\frac{1}{2}$ turn

- 1 Bend knees together inwards(hanging upper body a little to left side)
& move knees outwards
- 2 Bend knees inwards
& move knees outwards
- 3 Bend knees inwards
& move knees outwards
- 4 Bend knees inwards
- 5 Step forward on RF $\frac{1}{4}$ to left side(facing 6.00)
- 6 Kick LF forward
- 7 Bend knees (hands on knees)
- 8 Turn $\frac{1}{2}$ over right shoulder ending legs crossed ending weight on RF(12.00)

Behind, cross over, points, $\frac{1}{2}$ turn

- 1 Step back on LF
& Step RF to Right side
- 2 Step LF cross over RF
- 3 Point RF to right side
& Pull up Right knee whilst doing this turn $\frac{1}{4}$ over right shoulder(3.00)
- 4 Point RF to right side
- 5 Put RF next to LF
& Point LF backwards
- 6 Turn $\frac{1}{2}$ over left shoulder(9.00)
- 7 Kick LF forward
& Put Lf next to RF
- 8 Step RF to right side(weight on LF)

Enjoy and have fun!